



HOME > TRIP IDEAS

From tropical treehouse swings to death-defying bungee jumps, these swings are made for traveling adrenaline junkies.

Swings are fun, whether you're five or fifty. There's something freeing about propelling yourself through the air, although nothing beats the familiar tingling tummy rush as you arc back down to earth. Combine that with some spectacular scenery and you're onto a winner. So, whether you prefer rustic rope swings with impressive views or adrenaline-pumping canyon drops, here's where to go swinging around the world. (No, not *that* kind of swinging.)



PHOTO: Courtesy Contemporary Arts Center © Hailey Bollinger

2 OF 15

Big Rush

WHERE: [Durban, South Africa](#)

Durban's [Big Rush](#) is the bastard child of a bungee jump and a swing. At this adrenaline-pumping attraction in South Africa, you don't get the cold comfort of two ropes to hold onto as you swing through the air. No, you get one solitary rope (it's the world's tallest rope swing) and a harness for good measure, before you throw yourself from the beams of the Moses Mabhida football stadium. Not one for the faint of heart, it's a brief but nerve-shredding experience.