

# TRAVEL & STYLE

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By Jennifer Weatherhead Harrington / Food & Drink / May 1, 2020

## Travel Cocktails: Boozy Bevvies From Around The World

These cocktails will transport you to a far-flung destination in just a few sips.

Oh, what I wouldn't give to be physically transported to one of these destinations right now! While we all wait it out to hop on a plane and travel again, I'm making the most of my cocktail making adventures I've had over the years travelling. I'm recreating those cocktails at home. And just a few sips later, I can feel like I'm in Mexico, Portugal, California and more places. It's as easy as stirring up a few ingredients you likely already have (or in the case of the amazing Stel + Mar wine, just in the opening of a can!), and boom, you're in a new paradise. Take a peek at some of my favourite travel cocktails you can whip up too.



## **The Paloma: The Town of Tequila**

Did you know there is actually a town called Tequila and it's where all the world's Tequila is made? It's kind of a magical place! It's just outside of Guadalajara in the Mexican state of Jalisco. You can even take a tequila train to get to the town from Guadalajara and visit the Jose Cuervo distillery, wander through agave fields and have lots of tequila tastings. Instead of just a regular margarita, we're making a Paloma... invented in the town of Tequila, it's super refreshing and can get you prepped for Cinco de Mayo which is just a couple of weeks away!

### **Travel Cocktails: How to make a Paloma**

- Grapefruit is in season, so I like to make mine with freshly squeezed grapefruit juice (you can use store bought if needed, or use grapefruit soda)

- Add in some club soda if you're not using grapefruit soda
  - Mix in one shot of good tequila (opt for one light in colour)
  - Follow with some simple syrup if you're using fresh grapefruit juice and some fresh slices of grapefruit
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ago, it was truly the best one I have ever had.

Bermuda is such a great island destination, not quite the Caribbean, it's weather is a bit cooler, but it's so close to us. And we can't forget those incredible pink sand beaches. You can do a virtual tour of Bermuda. Take a stroll overlooking the beach and explore the entire island via the historic Railway Trail.

### **Travel Cocktails: Here's how you make a classic Dark 'n' Stormy (which is actually really easy!)**

- Find a great Bermudian rum (Gosling's is considered the original for this cocktail), add one shot into a tall glass filled with ice. Add more if you'd like it stronger!
- Fill the remainder of the glass with ginger beer
- You can add a touch of simple syrup if you'd like, I infuse my simple syrup with ginger for an extra kick
- Add a few drops of bitters, stir and enjoy



## Port and Tonic: The Douro Valley of Portugal

You've heard of a gin and tonic? Well, this is a Portuguese twist, a Port and Tonic. My last trip before the travel lockdown was to Porto in Portugal, and the first time I had a Port and Tonic. So this drink takes me right back to the valley where port is made, and it's a fun way to try a spirit you may not have tried before. Make sure to do this with white port.

### Travel Cocktails: How to make a Port and Tonic

- Mix equal parts of white port (white port isn't aged as long, so it's lighter in colour and flavour, but still quite sweet) and gin (regular gin is fine, or you can splurge on some fancy gin options)

Add in a spring of rosemary (rub between your hands first) and a slice of orange.



## **Fairmont Empress Gin and Tonic: Vancouver Island**

If you already have tonic on hand, why not get this taste of the west coast? The Fairmont hotel group commissioned a distillery in Saanich on Vancouver Island to make their own gin. It's earthy, woody just like Vancouver Island with lots of botanicals. And, it changes colour! It goes from this deep purple to a pretty pink when you add in gin.

### **Travel Cocktails: How to make an Empress gin and tonic**

- Add a shot of gin to a glass filled with ice and earthy rosemary or mint

- Top up with tonic (and watch the colour change before your eyes!)



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## Jennifer Weatherhead Harrington

Jennifer's 10 plus years of experience in the travel industry has made her a top travel expert in Canada, with regular national TV appearances on CTV's Your Morning, The Marilyn Denis Show, The Social, CP24's Breaking News and on local stations across Canada and the US. With a background in journalism, fashion and beauty, Jennifer has travelled to over 70 countries reviewing some of the world's most luxurious properties and destinations, while finding hidden gems and amazing experiences. Her byline has appeared in Metro News, The Globe & Mail, ELLE Canada, HELLO!, FLARE, FASHION, Tiny Atlas Quarterly, Travelzoo.ca, [jetsetter.com](#), Style at Home, HGTV.ca and more.

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