

The Best All-Inclusive Wellness Resorts



Casa Velas, Puerto Vallarta, Mexico

Private plunge pools, garden-to glass cocktails, meditation pods, and a soothing spa labyrinth ritual are all part of the experience at [Casa Velas](#), an adults-only all-inclusive. Double down on health by booking a wellness suite. These two-level sanctuaries come with a private garden immersion pool, hot tub, fitness equipment, wellness consultations, and a massage on your suite's terrace.